



CANADA COLLEGE

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As the Canadian population ages, more and more families are taking on the responsibility of caring for a loved one at home. While providing care in the home is a growing trend, it can be challenging for caregivers and their families. It is for the reason of safety and wellbeing of our elderly and the youngsters that Canada College offering this intensive program.

Application Fee: \$50.00

Tuition Fee: \$1450.00

Admission Requirement: High-School Diploma or equivalent

Mode of Learning: This program has to be taken as in-campus learning.

Certificate is given upon successful completion.

Tax deductible

Recognized by Emploi Québec

Course Description

The Family Caregiving Program provides caregiving information to people who care for loved ones. The program includes ten modules, each approximately 15 hours in length. Topics include:

Home Safety

- Infection control
- Home safety/accident prevention
- Fire safety
- Oxygen usage

General Caregiving Skills

- Checking vital signs
- Checking temperature
- Checking respirations
- Giving medication
- Tracking changes
- Skin care

Assisting with Personal Care

- Personal hygiene
- Assisting with toileting
- Dressing
- Bathing

Positioning and Helping Your Loved One Move

- Moving and transferring
- Pressure ulcers
- Assistive devices

Healthy Eating

- Basic nutrition
- Special dietary needs
- Helping people eat
- Monitoring food intake

Caring for the Caregiver

- Self-care
- Coping with stress
- Community support groups and resources

- Handling end of life care
- Communication

Legal and Financial Issues

- Patient's rights
- Paid family leave
- Advance directives
- Living will
- Do not resuscitate
- Power of attorney
- Financial issues

Caring for a Loved One with Alzheimer's Disease or Dementia

- Characteristics of Alzheimer's and related dementias
- Caregiver tips
- Caregiving techniques for daily activities
- Helping those who are agitated, confused or wandering

Caring for a Loved One with HIV/ AIDS

- Disease transmission prevention
- Exercising
- Infection control

Caring for Children

- Health Issues
- Social/Emotional
- Hygiene
- Academic
- Disabilities